

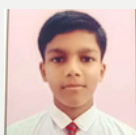
From Principal's Desk

We live today in a world that is very different from the one we grew up in and the one we were educated in. The world today is changing at an accelerated rate and we as educators need to pause and reflect on this entire system of education. Our school is well equipped to prepare our children to face the challenges that the future holds and works at ensuring that the children are truly prepared to face life's challenges. Even as we impart education to match the advancement in technology and globalization, we march our children ahead with the ethos of moral values and principles. We endeavour constantly to instill these qualities in our children. We pride ourselves to help them grow and develop into sensitive and responsible citizens of the future. Aristotle once said that "Educating the mind without educating the heart is no education at all".

Mr. Himanshu Seth
Principal

Trust Yourself

Learn to handle storms in life, like rainy nights,
God will throw stones at you, like seasons in life,
Accept and move on, because there is a purpose in your life,
And also since, you are a precious star in the Universe life.
You must love to live like a star,
No comparison with other elements in the sky,
Don't wear a mask to please anyone,
After all, you are a precious star in the Universe life.
May be, you will face hardships, handle it,
May be, you are alone, experience it,
May be you will even face failure, learn from it,
Like the well-prepared ants that build home before time.
When you are successful, cherish it,
When you have blessings, spread it,
You inspire, lead and live like a star in the Universe,
Because you are a precious star in the Universe life.



BY Roshan Dalabehera
Class 8A



Rendezvous with Mrs. Simrat Kaur

APS Jaisalmer had the opportunity to interact with Mrs. Simrat Kaur, Chairperson, FWO 12 RAPID. The interview was indeed a wonderful chance to know about her academic life and her memories of student life. She spoke about her mentors, challenges, and the way she took challenges and disappointments in her stride. She imparted advice on stress and how to ride above it while improving oneself constantly. It was indeed a worthwhile interaction with a lot to learn from her personal experiences. Our Academic Head Boy Shashi and Academic Head girl Pavithra interacted with Mrs. Simrat and gained an insight into her life.

Sashi: Ma'am, we would like to know about your school life. Which school did you attend? Were you interested in sports or studies, or both?

Mrs. Simrat: I went to Saint Kabir Public School, Chandigarh. My focus was mainly on academics but I used to play Badminton and also participated in many Inter-school Badminton Tournaments.

Pavithra: Ma'am, what are the most precious memories of your school life?

Mrs. Simrat: The most beautiful memory was when as a child I used to cycle to school with my friends every day and sometimes cover our bags with polythene during heavy rainfalls. Also, playing hide n seek, 'stapoo', and 'pithoo' with friends in the sector area was the best part of my childhood memories.

Sashi: Who was your favourite teacher during your school days and why?

Mrs. Simrat: My Geography teacher, Mrs. Lily Nandi was my favourite teacher as she was very passionate about her work, friendly, soft-spoken, a good listener, and used to put lots of effort into her teaching methodology.



Mrs. Simrat: Marks are not the end of life. Ensure better understanding and grip over your subject and be passionate. Identify your strengths and do not just restrict yourself to 99%.

Sashi: Ma'am, where do you see APS Jaisalmer five years from now?

Mrs. Simrat: Undoubtedly, APS Jaisalmer is doing well in the field of education, sports, co-curricular activities, and discipline, but I would like to see higher secondary classes also starting in the school in the coming days.

Pavithra: Who were your role models when you were a student?

Mrs. Simrat: I would say all my teachers who taught me in school and college were my role models.

Sashi: As a student, how did you handle disappointments?

Mrs. Simrat: Yes, we did have our share of disappointments, but I used to talk about it with my mom, and friends... would shed a few tears and happily move on.

Pavithra: What will be your advice to students regarding their future?

Mrs. Simrat: My advice to students would be:

- Make small achievable goals and be happy when you achieve them.
- Communicate about your problems to parents and friends.
- Pick up some sports/hobbies to handle stress.
- Be honest, try and make your own decisions and be answerable to yourself.

Sashi: Ma'am, as we have returned to the school after a long duration of almost two years, we have observed that students have a difficult time transitioning back to offline school mode, what would you advise to all of us to tide over this difficulty?

Mrs. Simrat: Yes, indeed this transition from online schooling to offline is tough for students. But, we must adapt and work harder on our concepts. Now, we need to put our distractions away and work on time management.

Pavithra: Ma'am, students these days feel a lot of stress because of the cut-throat competition. What will be your advice for us?



I Am A Warrior

I am a warrior,
Marching along,
Whistling tunes of bravery,
Singing heroic songs.

I am a warrior,
Who is not afraid to die,
But I am one who is afraid to leave this planet,
Without doing anything worthwhile.

I am a warrior,
Composing a track,
With the sounds of thundering cannons,
During an attack.

I am a warrior,
Laying siege,
On the enemy fortress,
I am trying to breach.

I am a warrior,
Fighting on plains and mountains and beaches filled
with sand,
Doing everything i can,
To protect my homeland.

I am a warrior,
Whose honour fills his chest,
Defending freedom,
North and south and east and west.

I am a warrior,
Working tirelessly around the clock,
Serving my country,
With no intention to slow down or stop.



BY RANVIJAY RATHEE
Class 7th



The Investiture Ceremony for the session 2022-23 was held on 09 May 2022 in the school auditorium. Brigadier M Sooraj Prakasam, Chairman APS Jaisalmer, and Mrs. Ruchira Sooraj, Chairperson AWWA, 12 Arty Bde graced the occasion as the chief guests.

To inculcate the leadership qualities in the students and to consider their views at different forums, a school prefectorial board was formed following a democratic procedure.

The procedure followed for the selection of students for the House council:

On 9th April 2022, House Meet was held for each of the houses. The House Council members were selected by the respective house In-charges and the house teachers after conducting interviews and question-answer sessions.

The procedure followed for the selection of students for **The School Council:**

Nominations were filed by the interested students for the desired posts. They delivered speeches during the morning assembly. A cross-questioning round was held after the speeches wherein the students asked questions to the nominees. Thereafter, the earmarked committee conducted interviews with all the nominees. Finally, Voting was done by the students in the auditorium to select the befitting candidate for a particular post.



Investiture Ceremony_(2022-23)

Selected Candidates:

After the fair procedure, suitable candidates were appointed for the different posts. The list is as follows-



Student Council Member (2022-23)

1	Head Boy	Parvraj Sinh
2	Head Girl	Angel Thakur
3	Head Boy Academics	M V Sashi Vardhan
4	Head Girl Academics	R Pavithra
5	Deputy Head Boy	Kavyanjali Faujdar
6	Deputy Head Girl	Hariom
7	Deputy Academic Head (Boy)	Rannvijay Rathee
8	Deputy Academic Head (Girl)	Jiya
9	Sports Captain	Kartavya
10	Dy Sports Captain (Boy)	Samar Siddiqui
11	Dy Sports Captain (Girls)	Aleen
12	CCA Captain	Palak Jamwal
13	Dy CCA Captain	R Manu
14	Disciplinary In-charge	Mohit
15	Dy Disciplinary In-charge	Suryansh Thakur
16	Jr Disciplinary In-charge	Nirbhay

House Incharges

	Subhash	Sarojini	Bhagat	Laxmibai
Captain	Shardul	Suryansh Kumar	Harsimranjit	Nandana
Vice Captain	Bhanu	Devyanshu Kala	Aarush	Pratyush
Prefects	Akansha	Anushka	Samalika	Sahil
	Aryan	Brijbhushan	Yatharth	Muskan
	Aastha	Aadhya	Chinmaya	Rehan
	Rudra	Sahil	Dhairya	Manoj

Counselling Session For Class IX and Class X

A Group Counselling session for class IX was carried out by the School Counsellor on 11th February 2022. The counselling was held on the topic "CHANGES DURING ADOLESCENCE AND WAYS TO HANDLE THESE CHANGES". In this session, the students were counselled about the physical, emotional, and social challenges that adolescents go through i.e. puberty changes, hormonal changes, mood swings, attraction towards the opposite gender, and also about their strength. They were also counselled about the effect of peer groups on them and the importance of selecting good friends.

Another session of group counselling for class X was held on 18th February 2022 on the topic "HOW TO DEAL WITH EXAM STRESS: STRESS MANAGEMENT AND MEDITATION". During this session, the students were explained the effects that stress can have on their performance. They were also told about some of the signs \ symptoms of...



stress and all the problems it might lead to like; loss of memory, Sleeplessness/Drowsiness, Mood swings, Negative self-image, and Depression. A short session



of Meditation was also carried out for them by the counsellor.

The Picasso Corner



BY R. Manu
Class 9th

Workshop on Soft Skills



A workshop on "Importance of Soft Skills for Teachers" was conducted for the teachers of Army Public School, Jaisalmer, on April 9, 2022, Saturday.

The workshop which was conducted by Soft Skills teacher Parul Sharma, focused on the need and importance of learning and practicing Soft Skills in the school environment.



World Book Day Celebrations

The students and teachers of Army Public School, Jaisalmer, together celebrated Earth Day and World Book Day on Friday, 21 April 2022, and Saturday, 22 April 2022.

A special assembly was also conducted on Earth Day on April 22 and a painting competition on the theme "Save the Environment" was organized for students of all the classes.

The day began with a special assembly introducing the main idea behind celebrating World Book Day. Principal Mr. Himanshu Seth took the students on a virtual tour to Stratford-upon-Avon, the birthplace of William Shakespeare, and Shakespeare's Globe, a reconstruction of the Globe Theatre, a theatre associated with the renowned writer.

Later in the day, all the students from Classes III to X along with their teachers gathered together at the school auditorium for the Drop Everything and Read (DEAR) activity. Everyone brought a book with them and they all read silently for about 30 minutes. The students of Classes VII-X will submit a book review after they have completed the book.



Later, a quiz on famous books and authors was conducted by Mrs. Parul Sharma and all the children participated with great enthusiasm, with winners getting prizes for their correct answers.



The students and teachers of Classes I and II also enjoyed the DEAR activity in the library. They also took part in many activities and watched moral stories and other informative videos together.



SUMMER CAMP 2022-23

Summer camp 2022-23 was conducted w.e.f 21st- 29th June 2022 from 0800-1100hrs. The ice-breaking session was thoroughly enjoyed by students. The idea was conceived to provide young learners a safe environment to freely learn, grow and develop their creativity and critical thinking. It aimed at fostering emotional intelligence, self-confidence, independence, healthy living, environmental awareness, learning leadership, and other indispensable skills for the students.



The opening ceremony was held on 21st June 2022. The camp started with a wonderful YOGA session on the occasion of the 'International Day of Yoga' by Dr.Neha, who is associated with the Art of Living. All students and teachers attended it with enthusiasm. Students were provided with the opportunity to choose as per their interest from a variety of fun activities viz Yoga and Aerobics, Rajasthani Folk Dance, Indian Classical Music, Drama, Stem innovation, Creative Writing, and Art & Craft.

Once the choice is made, students attended a Yoga/aerobic/Zumba session for half an hour followed by a two-hour session on the chosen activity at earmarked venues under the supervision of trained teachers.



A special Yoga session for teachers was also conducted by Dr. Neha on 22 June 2022, wherein she focused on Pranayam, meditation techniques, and Yog-Nidra to relieve the stress and rejuvenate them.

To sensitize students towards the environment, a plantation drive was conducted on the school premises on June 23.



Thereafter, an extremely informative session was conducted by Ms. Mrinal(PRT) on vermicomposting and gardening. To elucidate the idea further, the school invited Mr. Parth who is an entrepreneur and runs Athran-organics, a Jaisalmer-based organization that deals with vermicompost manufacturing and works closely with the farmers and villagers in the field of wildlife conservation.



On Jun 26, an excursion to ECO Park, Mohangarh was planned for the students. Students got a chance to see a variety of plants & trees, something which is inaccessible in the weather conditions of Jaisalmer. The happiness quotient shot up the roof and the day was all about fun, frolic, and smiles.



In Stem- Innovation, 14 students participated in total. They worked on projects based on sensors and microcontrollers. The following projects were displayed on the finale evening.

- (a) Smart Dustbin
- (b) Automatic Hand Sanitizer
- (c) Electronic Block Project
- (d) Automated Irrigation Process

'Creative Writing' is aimed at helping students to organize their thoughts, the ideal format to be followed in every piece of writing, remove unnecessary clutter, and replace generic words with action-packed words. The students came up with their own work in the form of poems, paragraphs, and short stories which were displayed on the **finale** evening.

The 'Art & Craft' was flooded with many budding artists. They showed keen interest in performing various activities viz. Doremon and bunny bookmarks, paper folding bookmarks, origami tulip flowers, fan folding cards, butterfly cards, wall hangings, newspaper craft, water colour, BOHO style, Mandala bookmarks, Mandala art, and Folder making. Their work was presented at the finale event which was highly appreciated by the guests.

Mandala Art



BY Manasvi
Class 9th

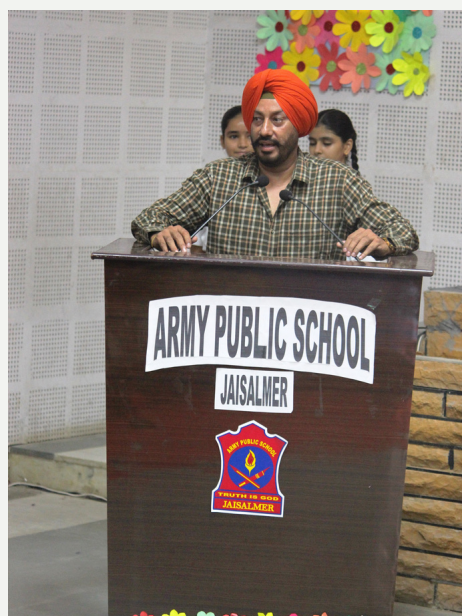
'Extra classes were scheduled for Grade X, throughout the duration of summer camp to provide them more time to grasp their academics.

Summer Camp 2022-23 culminated with a Grand Finale Ceremony on 29th June 2022. The ceremony was honoured by the gracious presence of Maj. Gen Yogender, GOC 12 RAPID, Patron APS, Jaisalmer, and Mrs. Simrat Kaur. The school also extended a warm welcome to Brig. M Sooraj Prakasam, Chairman APS Jaisalmer, and Mrs. Ruchira Sooraj. Parents were also invited along with their wards. The ceremony began with the lighting of the lamp by the chief guest.



The evening began with Saraswati Vandana, seeking the blessings of the eternal epitome of knowledge. Thereafter, Mr. Himanshu Seth, Principal of Army Public School Jaisalmer presented a report on the various activities conducted during the camp. A plethora of spectacular cultural events, flooded the evening as mentioned below:

- (a) Group Dance by tiny tots.
- (b) Poem recitation.
- (c) A Skit on Social Media.
- (d) Instrumental Music Performance.
- (e) A Skit on 'Religion & Politics'.
- (f) Group Dance by senior students.



'The breathtaking performances by the students mesmerized all the guests. Next in the row was the Award ceremony in which the 'Distinctive performers' and all other participants in the above-mentioned summer camp activities were felicitated by the chief guest.

The event continued with precious words of wisdom by Honourable chief guest Maj. Gen Yogender, Patron, APS, Jaisalmer. The event concluded with a Vote of Thanks by Master Adarsh Jamwal and National Anthem followed by Dinner for all.



Under the able supervision of trained faculty members, the summer camp 2022 provided our young children with a holistic opportunity to hone their future passions along with enjoying their summer holidays to the fullest. The hidden learning in the fun and frolic activities lit the spark of critical thinking and experiential learning in young learners.

The Editor's Corner

Helen Keller rightly says that the world is moved along not only by the mighty shoves of its heroes but also by the aggregate of the tiny pushes of each honest worker. This task of restarting the school newsletter 'Rhapsody' would not have been possible without the sincere support of the members of the Editorial Board who sorted of the articles and reports from the plethora of material we had got from our enthusiastic and inquisitive young writers, edited them and finally made a fair draft of them. I am really thankful to our respected Principal for entrusting us with the responsibility of editing. I heartily wish all the readers my best wishes and hope this souvenir will enjoy your critical acclaim and prove itself to play a vital role in the all-round development of the children.

This edition of RhAPSody would not have been possible without Ms. Sonu and Mr. Sanjay; I take this opportunity to thank them too!

Surabhi Rathee
Editor in chief



